



How to Use this Leader Guide

HOW TO USE THIS LEADER GUIDE

This leader guide will serve as just that—your guide to helping participants for the duration of the study. The first thing to note is that this guide contains all the same material found in the participant workbook: review notes, lesson objectives, review and discussion questions, additional references, and memory verses.

In addition, it contains text intended only for you, the leader. In each of the lessons, this text is green and comes in two forms. Information that is not necessarily communicated to participants is under the heading  **LEADER NOTE**. Suggested text you can use for sharing information with participants is found under the heading " **LEADER SAYS**."

At the end of every lesson, there are readings listed to help you and the participants go deeper into the material. These readings come from Sacred Scripture and three of Dr. Scott Hahn's books *The Fourth Cup: Unveiling the Mystery of the Last Supper and the Cross*; *The Lamb's Supper: The Mass as Heaven on Earth*; and *Consuming the Word: The New Testament and the Eucharist in the Early Church*. These books are available for purchase at StPaulCenter.com.

TIPS FOR LEADING PROMISE & FULFILLMENT

The first step in leading this study is always to bathe your efforts in prayer. Ask the Holy Spirit help you guide this study for the glory of God and to bless the participants. Consider asking others to intercede for you and the participants of the study.

Choose a Good Time and Location - Keep in mind your target audience when selecting the time of your study. If your parish offers catechism classes for children during the week, consider coordinating your study during the same time slot and invite parents to join the study while they wait for their children.

Location is a key factor, so make it convenient and comfortable so that people will want to stay and participate. Make sure everyone can see and hear the video.

Marketing - To help spread the word about the study, you can download the editable poster at StPaulCenter.com/Promise. Print as many as you like and ask permission to post them throughout the parish and/or insert them in the parish bulletin.

Purchasing Workbooks - Once you know how many workbooks you will need, you may order them online at StPaulCenter.com/Promise. To inquire about parish or bulk discounts, email us at customerservice@stpaulcenter.com. Consider shipping delivery options when placing your order. It helps to order workbooks 10 days before the beginning of your study to ensure you receive them in time for your study.

Tips for Leading Promise & Fulfillment

Preparation - Take some time before each lesson to prepare by reading through the notes so you're familiar with what's coming. Read the answers to the review questions in this leader guide. Preparation doesn't just include *personal* preparation, though. It's also wise to check your equipment ahead of time to make sure everything is working smoothly before people arrive.

Refreshments - Plan some social time with refreshments if you can. Snacks need to be neither elaborate nor expensive. There is something quasi-sacramental about eating together: it is a family activity and, gathered as the Church, that's what we are. This also affords participants an opportunity to get to know each other, which is a very valuable and, in some areas, difficult-to-achieve part of parish life.

Name Tags - Providing name tags is especially important for the first few sessions when people are getting to know each other.

Start on Time - This teaches the people who come late to arrive on time the following week and doesn't punish those who show up on time. The study group leader should also wait around for a bit after the session is over. This will give people who may have been afraid to speak up in front of others a chance to ask a question.

SAMPLE PROMISE & FULFILLMENT SESSION

Below is a sample of how a typical session might look:

Amount of Time	Section
5–7 minutes	Announcements, prayer, and introduction of the lesson
30 minutes	Video
10 minutes	Break
10–15 minutes	Review questions (omit if running short on time)
10–15 minutes	Discussion questions
2 minutes	Review of memory verse and preparation for next lesson
1 minute	Closing prayer

From here on, all leader information in this guide will be printed in green. All text that is printed in black is identical to what your participants see in their workbook (see Leader Guide–Participant Workbook page cross-referencing).

LESSON 1

THE LAMB'S SUPPER



PART I

Lesson 1

LEADER NOTE

Opening Prayer and Introduction

At the beginning of the first session, introduce yourself and then open in prayer. If you are not comfortable praying in your own words, you can use the prayer written below. Each lesson has an opening and closing prayer written out for your use.

LEADER SAYS

Opening Prayer

“Good and gracious Father, thank you for this invitation to learn more about your Word, especially about the gift of the Holy Eucharist. We ask for the special assistance of your Holy Spirit so that we too may experience an encounter like the two disciples on the road to Emmaus. Open our ears to hear your Word and open our eyes to recognize you in the breaking of the bread, as we pray in the words your Son taught us, Our Father . . .”

Welcome

“Welcome to our first lesson of Promise & Fulfillment. We are about to begin a series of talks given by Dr. Scott Hahn based on his books *The Lamb’s Supper*, *The Fourth Cup*, and *Consuming the Word*. Each talk examines, from a different angle, the biblical foundations of the Eucharist. Each also explores the Church’s liturgy as the original context for the books of the Bible—the time and place where they were proclaimed, the ritual setting intended by the Scriptures’ human and divine authors.”

Introduction to the Lesson Order

“Before we begin the video and start the study, I want to quickly go over what’s in your workbook so that you know what to expect as we go through this series. First, you’ll see at the beginning of Lesson One that there is a description of this particular study. Starting in Lesson Two, you’ll see review notes from the previous session at the beginning of the lesson. It’s a good idea to read these review notes before we begin the current lesson to reinforce what we went over last time.

Next, you’ll see a little film projector icon with the title ‘What We’ll Cover in Lesson One.’ This tells us what we’ll see in the video lesson.

Under the title ‘Themes Covered,’ you’ll see a quick list of the major points that will be covered in the lesson, followed by a list of Scripture references read in this lesson. These are listed in case you want to go back and read them later.

Each one of the videos is about 30 minutes long.

After the video is finished, we’ll break into groups and go over the review and discussion questions. You’ll also notice there is a suggested memory verse for each lesson, as well as further reading to help you get the most out of this study.”

The Lamb's Supper Part I

Setting the Stage

"We are ready to begin. In this session, Dr. Hahn opens with a familiar Gospel reading, the road to Emmaus, where the two disciples encounter Christ in his Word and in the breaking of the bread. It is this Gospel that shows how the Old Testament is fulfilled in the New in the person of Christ. And it was precisely the early Church Fathers that helped him understand the typological relationship between the two testaments. Let's begin."

LEADER NOTE

Start video. When video is complete, refer to the next leader note.

Lesson 1

A STUDY OF THE HOLY BIBLE AND THE HOLY MASS (Workbook pg. 6)



Liturgy is an essential element of the Scriptures. It is central to the Bible's story. That's true of both the Old Testament and the New.

The books of the Bible were written to be proclaimed when God's people gathered for ritual public worship. Many of the Scriptures include instructions about such worship—how to prepare for it and how to conduct it.

The New Testament liturgy, especially the Eucharist, was promised in the Old Testament. It was anticipated, prefigured, foreshadowed. And it was fulfilled by Jesus in his Sacred Passion.

In this series we'll study God's plan as it is expressed, in an integral way, through the Bible and the liturgy. We'll study the related issues of covenant, sacrifice, and sacrament. We'll read deeply in Books

ranging from Genesis to Revelation, searching out their liturgical content and context and exploring their relevance to Christian life in our time.

WHAT WE'LL COVER IN LESSON 1 (Workbook pg. 6) THEMES COVERED

- The meaning of the disciples' encounter with Jesus on their journey to Emmaus
- The typological relationship between the Old Testament and the New
- The method of scriptural interpretation favored by the early Church Fathers

SCRIPTURE VERSES READ IN LESSON 3

- Luke 24:13–32
- Luke 9:28–36
- Exodus 34:29–33

Lesson 1

LEADER NOTE

Take a short break at the end of the video and then begin the review and discussion questions. If your group is large, break them up into appropriately sized groups (6–10 people). Explain the purpose of the review questions (see below) and let them know how long you have set aside for this section.

Brief answers to the review questions are listed below so you can help along any group that may not be able to answer a particular question.

LEADER SAYS

“The review questions on page 8 are exactly that: a review of the material from the video. If you were listening closely, Dr. Hahn discussed the answer to each of these questions in the lesson segment. See if you can answer them.”

REVIEW QUESTIONS (Workbook pg. 8)

1. How does the story of the road to Emmaus teach us (as it taught the Church Fathers) to read the Bible?

On the road to Emmaus, Jesus opens the Scriptures to the disciples and then interprets the prophets in the Scriptures concerning him, beginning with Moses. The Church Fathers too find all the parallels between Moses and Jesus. St. Augustine says that the New Testament is concealed in the Old and the Old Testament is revealed in the New.

2. Describe some of the parallels between Moses and “the New Moses.”

Both needed to be saved from tyrants at their birth and found refuge in Egypt. They are both led by the Spirit and cross through the waters. Both fast forty days and forty nights. Both give the law from a mountain. They each had three people in their inner circle, twelve heads representing the tribes of Israel, and seventy elders.

3. At what point as a pastor did Dr. Hahn realize he was merely “playing church”?

When Dr. Hahn began to celebrate the Lord’s Supper more frequently and made the services less sermon-centered, he realized by reading St. Augustine that he did not have Holy Orders through apostolic succession.

The Lamb's Supper Part I

LEADER NOTE

Once your participants have completed the review questions, move on to the discussion questions. Tell them how long they have to answer these and then tell them the difference between the review and discussion questions.

LEADER SAYS

“While there are specific answers to the review questions that come directly from the lesson materials in the video, the discussion questions are different. There are no right or wrong answers. These questions are meant to spur a conversation between the people in the group.”

DISCUSSION QUESTIONS (Workbook pg. 9)

1. Name some New Testament events or characters that are prefigured in the Old Testament. Have you noticed that the lectionary often arranges readings this way for Mass: first the Old Testament foreshadowing and then the New Testament fulfillment? Why do you think God arranged history to unfold this way?
2. St. Paul said that Adam “was a type” of Jesus, “the one who was to come” (Rom 5:14). In what ways did Adam foreshadow the Lord? In what ways did Moses? In what ways did Solomon?
3. Some Christians refuse to read the Bible typologically. They say it imposes unintended meanings on the ancient texts. What is lost when people reject this method that was used by the early Fathers, not to mention Jesus and the Apostles?

Lesson 1

LEADER NOTE

Memory Verse and Follow-Up Reading

Before dismissing the participants, please point out the memory verse for this lesson, as well as the follow-up reading for Lesson Two.

LEADER SAYS

“In addition to our memory verse, take a look at the follow-up reading and preparation for Lesson Two. Let us close in prayer.”

Closing Prayer

“Father in heaven, we are grateful for all you have given us in your Son, especially in the Eucharist. We marvel at the beauty and poetry with which you have written salvation history, preparing your people for the coming of your Son, prefigured in the Old Testament prophets. We ask that you keep this flame burning until we meet again. We thank you and we praise you. Glory be to the Father . . .”

THIS LESSON’S MEMORY VERSE (Workbook pg. 10)

“Did not our hearts burn within us while he talked to us on the road, while he opened to us the Scriptures?”

— LUKE 24:32 —

PREPARATION FOR LESSON 2

- *Catechism of the Catholic Church* 1085, 1090, 2642
- Pope St. John Paul II, Encyclical Letter *Ecclesia de Eucharistia* 19