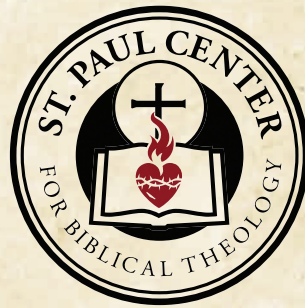


THE BIBLE *and the* SACRAMENTS

PARTICIPANT WORKBOOK



JOURNEY THROUGH SCRIPTURE

Nihil Obstat: Rev. James M. Dunfee, *Censor Librorum*, February 6, 2017

Imprimatur: Jeffrey M. Monforton, Bishop of Steubenville, February 6, 2017

The *nihil obstat* and *imprimatur* are declarations that work is considered to be free from doctrinal or moral error. It is not implied that those who have granted the same agree with the content, opinions, or statements expressed.



Copyright © 2017 St. Paul Center for Biblical Theology. All rights reserved.
Library of Congress Control Number: 2016962466
ISBN: 978-1-945125-30-0

With the exception of short excerpts used in articles and critical reviews, no part of this work may be reproduced, transmitted, or stored in any form whatsoever, printed or electronic, without the prior permission of the publisher.

Some Scripture verses contained herein are from the Catholic Edition of the Revised Standard Version of the Bible, copyright ©1965, 1966 by the Division of Christian Educators of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

English translation of the *Catechism of the Catholic Church* for the United States of America, copyright ©1994, United States Catholic Conference, Inc. – Libreria Editrice Vaticana. English translation of the *Catechism of the Catholic Church: Modifications from the Editio Typica* copyright ©1997, United States Catholic Conference, Inc. – Libreria Editrice Vaticana.

Every reasonable effort has been made to determine copyright holders of excerpted materials and to secure permissions as needed. If any copyrighted materials have been inadvertently used in this work without proper credit being given in one form or another, please notify the St. Paul Center in writing so that future printings of this work may be corrected accordingly.

Writers: Matthew Leonard, Raquel Lopez, Emily Stimpson, David Scott, Mike Aquilina
Media/Print Production: Matthew Leonard, Raquel Lopez, Patty Borgman, Scionka INC,
Lannette Turicchi, Alex Renn
Graphic Design: Patty Borgman

Acknowledgement: We sincerely thank all those whose generosity of time, talent and finances made this project possible. Of special note are Betsy Orr & Family, and Ernest P. Waud III in loving memory of his wife Marilyn M. Waud

St. Paul Center for Biblical Theology
1468 Parkview Circle
Steubenville, OH 43952

Front Cover image: *The Baptism of Christ* – Antoine Coypel
Photo Credit: Restored Traditions

Table of Contents



INTRODUCTION – WELCOME TO JOURNEY THROUGH SCRIPTURE.....	4
STUDY COMPONENTS.....	4
LESSON ONE – INTRODUCTION TO THE MYSTERIES.....	5
LESSON TWO – THE RITUAL OF FAMILY.....	11
LESSON THREE – THE WATERS OF SALVATION.....	19
LESSON FOUR – ON A MISSION FOR GOD.....	27
LESSON FIVE – THE SACRIFICIAL OFFERING.....	35
LESSON SIX – LAMB OF GOD.....	41
LESSON SEVEN – HEAVEN ON EARTH.....	49
LESSON EIGHT – RECONCILED TO GOD.....	57
LESSON NINE – SPIRITUAL HEALING.....	65
LESSON TEN – BRIDES AND BRIDEGROOMS.....	73
LESSON ELEVEN – ORDAINED TO SERVE.....	79
APPENDIX – COMMON PRAYERS.....	87

Welcome to Journey Through Scripture






Journey Through Scripture is the St. Paul Center's dynamic Bible study program designed to help ordinary Catholics grow in their knowledge of Scripture while deepening their understanding of the riches of our faith. Distinctively Catholic, Journey Through Scripture reads the Bible from the heart of the Church, considering both the Old and New Testaments and how they work together. It's grounded in history, yet actively engages topics faced by today's Catholics. More than just an ordinary Bible study, it's biblical catechesis.

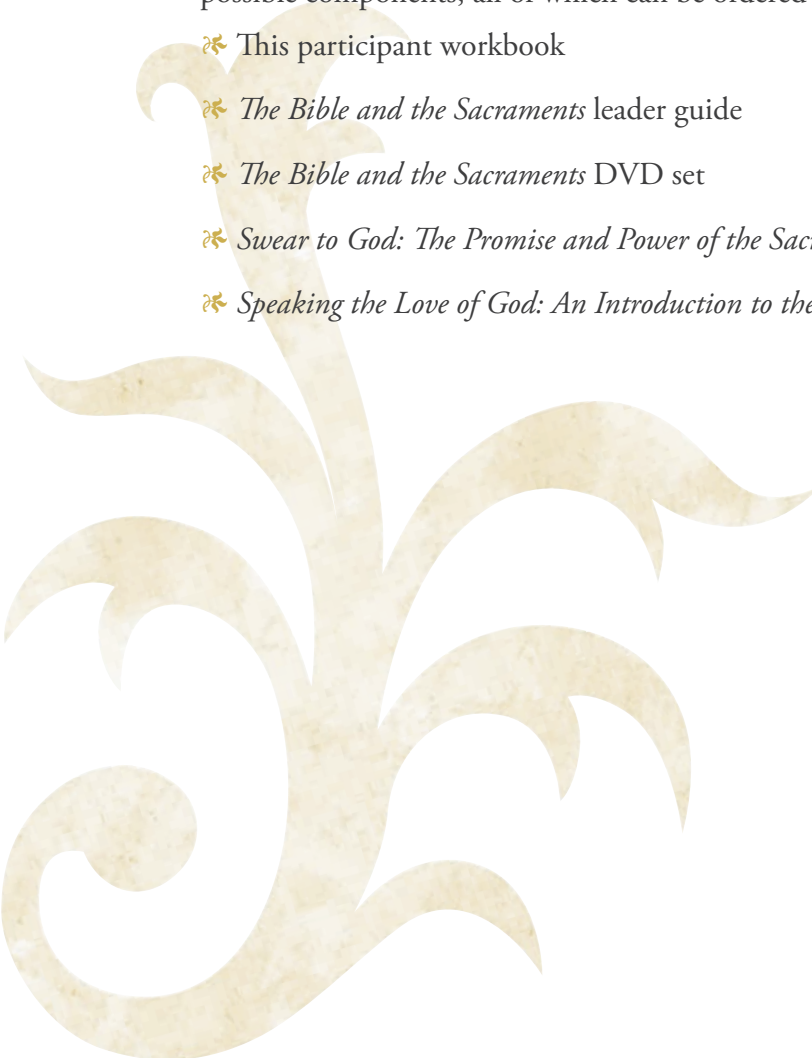
There are several Journey Through Scripture studies. This participant workbook is for *The Bible and the Sacraments*, a dynamic eleven-part video series that examines the sacraments of the Catholic faith. Exploring their meaning and origin, *The Bible and the Sacraments* investigates the deeper mysteries they contain as illuminated by Sacred Scripture.

After presenting two overview lessons, *The Bible and the Sacraments* explores each sacrament individually. It examines where the sacraments come from, what they mean, and why they are so foundational to our faith.

STUDY COMPONENTS

The Bible and the Sacraments is designed for both group and individual study. It contains five possible components, all of which can be ordered at **BibleandtheSacraments.com**.

-  This participant workbook
-  *The Bible and the Sacraments* leader guide
-  *The Bible and the Sacraments* DVD set
-  *Swear to God: The Promise and Power of the Sacraments* by Dr. Scott Hahn
-  *Speaking the Love of God: An Introduction to the Sacraments* by Jacob Wood





Lesson One
INTRODUCTION *to the* **MYSTERIES**



“**S**acraments are ‘powers that come forth’ from the Body of Christ, which is ever-living and life-giving. They are actions of the Holy Spirit at work in his Body, the Church. They are ‘the masterworks of God’ in the new and everlasting covenant.”

CCC 1116

Introduction *to the Mysteries*

In paragraph 1116, the *Catechism of the Catholic Church* describes the sacraments as “the masterworks of God’ in the new and everlasting covenant.” More than mere earthly rituals, they are “powers that come forth’ from the Body of Christ, which is ever-living and life-giving.”

The Bible and the Sacraments dives into the mystery of these God-given channels of grace. It illuminates the deeply scriptural roots of the sacraments, examining the rich relationship between the Old and New Testaments and their connection to the rites of the Catholic Church.







What we’ll discover throughout this study is that the sacraments we celebrate are nothing new. God has always dealt with humanity in a sacramental manner. Finding their institution in Christ and their origin in salvation history, Baptism, Confirmation, the Eucharist, Penance, Anointing of the Sick, Marriage, and Holy Orders are God’s gifts of life and love to his children.

What We’ll Cover in Lesson One



INTRODUCTION

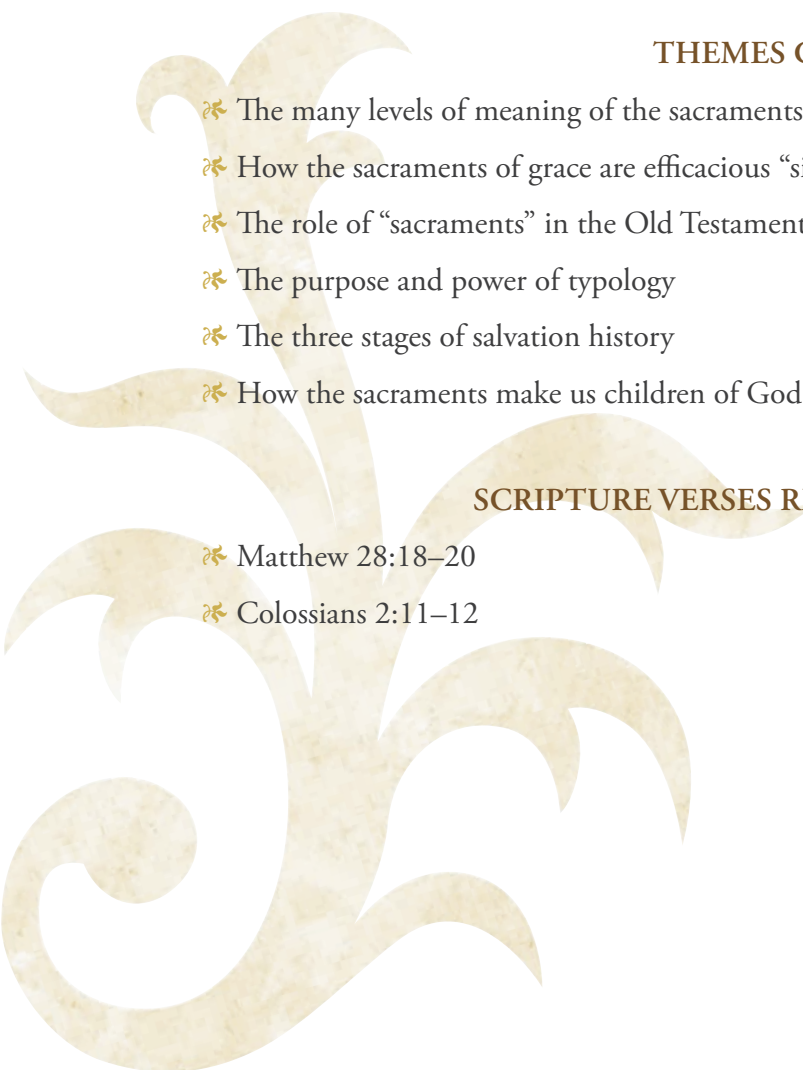
Matthew Leonard, Vice President of the St. Paul Center and host of the series

THEMES COVERED

-  The many levels of meaning of the sacraments
-  How the sacraments of grace are efficacious “signs”
-  The role of “sacraments” in the Old Testament
-  The purpose and power of typology
-  The three stages of salvation history
-  How the sacraments make us children of God

SCRIPTURE VERSES READ IN THIS LESSON

-  Matthew 28:18–20
-  Colossians 2:11–12



Notes



“The sacraments of the New Testament give salvation, the sacraments of the Old Testament promise a savior.”

— St. Augustine —

Review Questions

1. How are signs and sacraments similar? How are they different?



2. What is typology? Why is it important?



3. What are the three stages of salvation history? Why are they important to understanding the sacraments of grace?



4. What are some examples of Old Testament “sacraments”? What did Christ do with them?



Discussion Questions

1. What do sacraments tell us about the place of the physical matter, creation, in God's plan?



2. What does it mean to live “sacramental” lives?






THIS LESSON'S MEMORY VERSE

“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and behold, I am with you always, to the end of the age.”

— Matthew 28:19–20 —

FOLLOW-UP READING AND PREPARATION FOR THE NEXT LESSON

-  *Swear to God* by Scott Hahn, pp. 2–23
-  *Speaking the Love of God* by Jacob Wood, pp. 1–16
-  *Catechism of the Catholic Church*, paragraphs 1077–1112

Additional study resources can be found at www.StPaulCenter.com

